

2010 PLEDGING LENT TOGETHER

The Second Week of Lent: **Transfiguration**

*On the mountain, three disciples recognize
that Jesus is the Son of God.*

God our Father, you gave us your only Son, Jesus Christ, to redeem us. Help us, the parishioners of the Church of the Immaculate Conception, to pledge ourselves to live a faithful life of prayer, fasting and almsgiving during this Lenten season. May all of our sacrifices help us to better understand the sacrifices Jesus made for us. AMEN!

PRAYER: Spend 5 minutes daily in quiet prayer recognizing the presence of God within you or participate in an additional Lenten practice (daily Mass, Stations of the Cross, Eucharistic Adoration on Tuesdays, and/or Catholic Teaching Lectures on Thursdays in the Flicker Room).

FASTING: In addition to abstaining from meat this Friday, fast from judging others. Recognize Christ dwelling in others who are different from you.

ALMSGIVING: Make a contribution to Operation Rice Bowl or donate nonperishable food to the St. Vincent de Paul Society.