

## **2010 PLEDGING LENT TOGETHER**

### The Third Week of Lent: **Mercy**

The psalmist tells us that the “Lord is kind and merciful.”

God our Father, you gave us your only Son, Jesus Christ, to redeem us. Help us, the parishioners of the Church of the Immaculate Conception, to pledge ourselves to live a faithful life of prayer, fasting and almsgiving during this Lenten season. May all of our sacrifices help us to better understand the sacrifices Jesus made for us. AMEN!

**PRAYER:** Continue your 5 minutes of daily prayer acknowledging some needed change in your life for which God is patiently waiting.

**FASTING:** In addition to abstaining from meat this Friday, fast from impatiently criticizing the mistakes of others.

**ALMSGIVING:** If possible, schedule an appointment to give blood or make a donation to the Catholic Relief Services for earthquake victims.